Current Epidemiological Models: Scientific Basis and Evaluation



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Center for Information Technology and Society UC SANTA BARBARA Data Science Initiative











Terrible impact of this pandemic

The complex, dangerous, critical work by healthcare professionals all over the world on the front line of this battle

All essential frontline workers, including first responders, grocery-store workers, and transit workers

We owe them all a great deal of gratitude

Relevant links:

- "Life and Death in the 'Hot Zone"' (article and video) by Nicholas Kristof, New York Times, 4/11/2020 https://nyti.ms/3a1GATB
- Webinar by Dr Carolina Arias Gonzales (UCSB MCDB) and Dr Lynn N. Fitzgibbons (Cottage Health), 4/14/2020 https://www.cits.ucsb.edu/spring2020

With COVID-19.

modeling takes on life and death importance

"But on March 16th, the Imperial College group published a dramatically revised model that concluded [...] that even a reduced peak would fill twice as many intensive care beds as estimated previously." Science, March 27th



A: Well, I don't disagree in the substance. It is expressed in a way that I would not express it, because it could lead to some misunderstanding about what the facts are about a given subject.

is that fair to say?

at the National Institute for Public Health and the Environment (RIVM). which is advising the Dutch government on what actions, such as closing schools and businesses, will help control the spread of the novel coronavirus in the country.

curity who co-authored a report about the future of outbreak modeling in the United States that her center released this week.

Just how influential those models are became apparent over the past 2 weeks in the United Kingdom, Based partly on modeling

Outline

historical notes

Introduction to mathematical epidemiology

- the simplest SIR model
- stochastic SIR models
- o direct statistical estimation
- summary evaluation
- onclusion on non-pharmaceutical interventions (NPIs)

Warnings: elementary intro, no new model

My qualifications:

- F. Bullo. *Lectures on Network Systems*. Kindle Direct Publishing, 1.3 edition, July 2019. URL: http://motion.me.ucsb.edu/book-lns
- W. Mei, S. Mohagheghi, S. Zampieri, and F. Bullo. On the dynamics of deterministic epidemic propagation over networks. *Annual Reviews in Control*, 44:116–128, 2017. doi:10.1016/j.arcontrol.2017.09.002

Daniel Bernoulli 1760: controversial smallpox variolation

- "the greatest killer in history"
- variolation, i.e., inoculation with a mild strain
- controversy: long-term benefit vs risk of immediate death

using empirical data, mathematical proof that inoculation could increase life expectancy at birth up to three years



W. Hamer 1906: nonlinear incidence

- compartments: S, I and R
- incidence = number of new cases per unit time

depends on the product of the densities of S and I



Kermack and McKendrick 1927:

epidemic thresholds and outbreaks

- epidemic threshold: the density of susceptibles must exceed a critical value in order for an epidemic outbreak to occur
- differential equations, calculus

A Contribution to the Mathematical Theory of Epidemics. By W. O. KERMACK and A. G. MCKENDRICK.

(Communicated by Sir Gilbert Walker, F.R.S.-Received May 13, 1927.)

(From the Laboratory of the Royal College of Physicians, Edinburgh.)

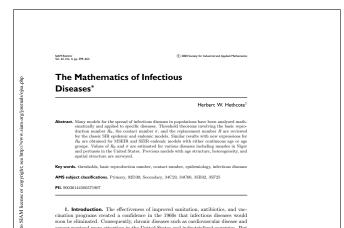
Introduction.

(1) One of the most striking features in the study of epidemics is the difficulty of finding a causal factor which appears to be adequate to account for the magnitude of the frequent epidemics of disease which visit almost every population. It was with a view to obtaining more insight regarding the effects of the various factors which govern the spread of contagious epidemics that the present investigation was undertaken. Reference may here be made to the work of Ross and Hudson (1915–17) in which the same problem is attacked. The problem is here carried to a further stage, and it is considered from a point of view which is in one sense more general. The problem may be summarised as follows: One (or more) infected person is introduced into a community of individuals, more or less susceptible to the disease in question. The disease spreads from

Hethcote's leading survey in 2000

motivated by a range of infectious diseases and outbreaks, one thousand and one models have been analyzed mathematically e.g., models with age structure, heterogeneity, and spatial structure

threshold theorems for epidemic outbreaks



Historical review of mathematical epidemiology

- Daniel Bernoulli. Essai d'une nouvelle analyse de la mortalité causée par la petite vérole, et des avantages de l'inoculation pour la prévenir. *Mémoires de Mathématiques et de Physique, Académie Royale des Sciences*, pages 1–45, 1760
- W. H. Hamer. On epidemic disease in England. *The Lancet*, 167(4305):569–574, 1906. doi:10.1016/S0140-6736(01)80187-2
- W. O. Kermack and A. G. McKendrick. A contribution to the mathematical theory of epidemics. *Proceedings of the Royal Society A*, 115:700–721, 1927. doi:10.1098/rspa.1927.0118

- N. T. J. Bailey. The Mathematical Theory of Infectious Diseases. Griffin, 1957
- H. W. Hethcote. The mathematics of infectious diseases. *SIAM Review*, 42(4):599–653, 2000. doi:10.1137/S0036144500371907

historical notes

introduction to mathematical epidemiology

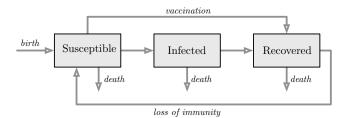
- the simplest SIR model
- stochastic SIR models
- direct statistical estimation
- summary evaluation
- G conclusion on non-pharmaceutical interventions (NPIs)

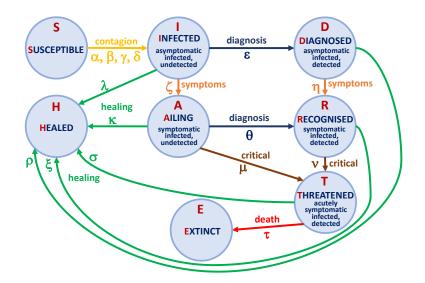
each individual is in one of multiple possible states:



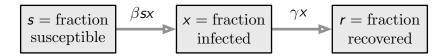
Two types of transitions:

- **(**) $S \rightarrow I$: interaction between a susceptible and an infected
- **2** $I \rightarrow R$: spontaneous, independent of interactions





G. Giordano, F. Blanchini, R. Bruno, P. Colaneri, A. Di Filippo, A. Di Matteo, and M. Colaneri. A SIDARTHE model of COVID-19 epidemic in Italy, 2020. Arxiv preprint. URL: https://arxiv.org/pdf/2003.09861



differential equation = fundamental mechanism to compute an evolution

given infection rate β and recovery rate γ , given initial values s(0), x(0), r(0): $\dot{s} = -\beta sx$ $\dot{x} = \beta sx - \gamma x$ $\dot{r} = \gamma x$

Scope of simplest SIR model

In a population of n individuals, on average:

- O contacts between uniformly randomly selected individuals
 - contact rate $\beta_{c} > 0$ so that during $(t, t + \Delta t)$, $n\beta_{c}\Delta t$ individuals meet other $n\beta_{c}\Delta t$ i.e., each individual meets $\beta_{c}\Delta t$
 - transmission fraction $0 < \beta_{\rm t} < 1$ resulting in infection

2 recovery rate $\gamma > 0$ so that during $(t, t + \Delta t)$, $n\gamma\Delta t$ individuals recover *i.e.*, infective period $= 1/\gamma$

Therefore, on average

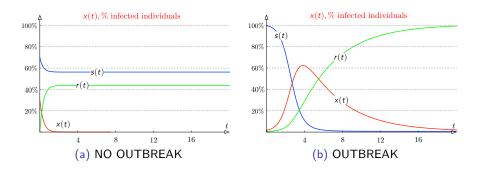
$$\frac{x(t + \Delta t) - x(t)}{\Delta t} = + \underbrace{2\beta_t\beta_c}_{\text{rate }\beta} \underbrace{x(t)s(t)}_{\text{Hamer's product}} - \gamma x(t)$$

Predictions of simplest SIR model

$$\dot{s} = -\beta sx$$

$$\dot{x} = \beta sx - \gamma x \qquad = \gamma \left(\frac{\beta}{\gamma}s - 1\right) x$$

$$\dot{r} = \gamma x$$

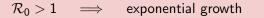


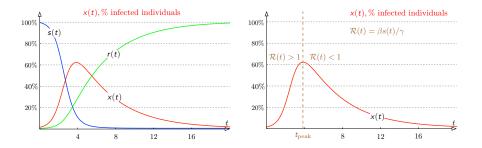
Concept #3: Reproduction number and epidemic threshold

Basic reproduction number \mathcal{R}_0 = expected number of secondary cases produced by a typical infective individual, at start of epidemic

$$\mathcal{R}_0 = \beta \times 1/\gamma \times s(0)$$

 $\approx ((\text{contacts/day}) \times (\text{transmission})) \times (\text{infective days}) \times s(0)$





Values before: social distancing, other NPI measures, and fear

| Quantity | Value | Explanation |
|-----------------------------|--------------------|--|
| \mathcal{R}_0 | 2.2-2.7 persons | Highly dependent upon region, age group, etc. Some estimates are much higher. (source: wikipedia) |
| incubation period | 5 days | (median), between exposure and first symptoms, 97.5% before 12 days. (source: wikipedia) |
| infective period $1/\gamma$ | 5 days | "people can test positive for COVID-19 from 1- 3 days before they develop symptoms" (source: Report WHO China Joint Mission). includes asymptomatic infective people. |
| doubling time | 2-7 days | (source: Imperial College report and "Epidemic doubling time of the COVID-19 epidemic by Chinese province") |
| asymptom cases | 5% - 80% | |

Question 1: what are individual factors in \mathcal{R}_0 ? For thought experiments – without further evidence – imagine

$$\underbrace{\mathcal{R}_{0}}_{2.5 \text{ persons}} \approx \left(\underbrace{(\text{contacts/day})}_{2 \text{ persons/day}} \times \underbrace{(\text{transmission})}_{25\%}\right) \times \underbrace{(\text{infective days})}_{5 \text{ days}} \times \underbrace{s(0)}_{100\%}$$

Question 2: how to compute the doubling time? While $s \approx 1$,

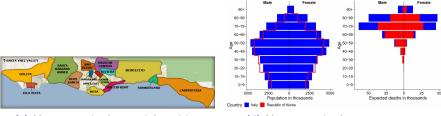
$$t_{
m doubling} pprox rac{\ln(2)}{(eta - \gamma)} = rac{\ln(2)}{1/2 - 1/5} pprox 2.3
m days$$

Question 3 (Herd Immunity): what percentage of the population x^* needs to have immunity in order for $\mathcal{R}(t) = 1$? Assume all population is susceptible s(0) = 100%, then

$$1 = \mathcal{R}(t) = \mathcal{R}_0 s(t^*) \implies x^* = 1 - s(t^*) = 1 - \frac{1}{\mathcal{R}_0} = 60\%$$

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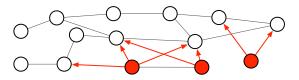


(c) Heterogeneity by spatial position

(d) Heterogeneity by age structure

More accurate models: Structured Multi-group SIR

n = number of homogeneous groups in heterogeneous population based on spatial position, age, social behavior



- **(**) for each group, s_i susceptible, x_i infected, or r_i recovered
- 2 heterogeneous recovery rate γ_i
- **(3)** heterogeneous meeting/contact rate $(\beta_c)_{ij}$ between *i* and *j*

$$\dot{x} = \beta s x - \gamma x \implies \dot{x}_i = \sum_{j=1}^n \beta_t(\beta_c)_{ij} s_i x_j - \gamma_i x_i$$

Parameters: infection matrix $\beta_{t}\beta_{c}$, recovery rates γ_{i}

Stochastic SIR models

- In the spirit of "simplest SIR" = compartments with transitions
- No explicit estimation/computation of contact rates
- From differential equations to stochastic virtual worlds

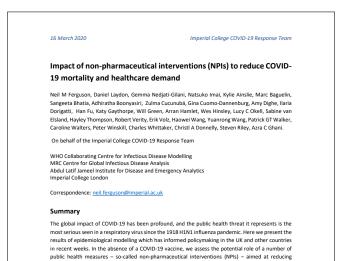
Imperial College model, Report March 16th, 2020

- synthetic individuals by spatial position, age, social behavior
- synthetic contacts at: (1) home/residence, (2) central hubs (work, schools, markets, churches), (3) local neighborhoods
- oparameters of person-to-person contact based on large tuning data
- stochastic individual-based simulation

large-scale Monte-Carlo simulations on HPC clusters

Stochastic simulation + visualization: https://youtu.be/gxAaO2rsdIs

N. M. Ferguson et al. Impact of non-pharmaceutical interventions (NPIs) to reduce COVID19 mortality and healthcare demand. Technical report, Imperial College, March 2020. doi:10.25561/77482



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Statistical model estimation

- do not impose a mechanism for transmission, do not model micro-interactions and micro-transitions between compartments
- direct interpolation of signals
- model empirically-observed death rate curves

Institute for Health Metrics and Evaluation (IHME), lead by Dr Murray. MedRxiv paper March 30th, 2020.

- collected: age-specific deaths by day, start date for NPIs, hospital beds and ICU capacity, & (starting April 17) mobile phone data
- Indirect standardization of age structure
- **③** only "admin 1 locations" with .31 death/million and time-referenced
- O curve-fitting: cumulative death rate as Gaussian error function
- statistical covariate: # days from .31 threshold to NPI day estimated from Wuhan data (before and after NPI impositions)

IHME COVID-19 health service utilization forecasting team, C. Murray. Forecasting COVID-19 impact on hospital bed-days, ICU-days, ventilator-days and deaths by US state in the next 4 months. *medRxiv*, 2020. URL: https://covid19.healthdata.org/, doi:10.1101/2020.03.27.20043752



IHME COVID-19 health service utilization forecasting team

Key Points

Question: Assuming social distancing measures are maintained, what are the forecasted gaps in available health service resources and number of deaths from the COVID-19 pandemic for each state in the United States?

Findings: Using a statistical model, we predict excess demand will be 64,175 (95% UI 7.977 to 251,059) total beds and 17,380 (95% UI 2.422 to 57.955) ICUI beds at the peak of COVID-19. Peak ventilator use is predicted to be 19,481 (95% UI 9,767 to 39,674) ventilators. Peak demand will be in the second week of April. We estimate 81,114 (95% UI 38,242 to 162,106) deaths in the United States from COVID-19 over the next 4 months.

Meaning: Even with social distancing measures enacted and sustained, the peak demand for hospital services due to the COVID-19 pandemic is likely going to exceed capacity substantially. Alongside the implementation and enforcement of social distancing measures, there is an urgent need to develop and implement plans to reduce non-COVID-19 demand for and temporarily increase capacity of health facilities.



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Current social distancing assumed until infections minimized and containment implemented

Last updated April 17, 2020 (Pacific Time).

FAQ | Update Notes | Article

All dates below are calculated based on the local time of the selected location.

California

| 0076 | minent-manu | ated social dis | tancing © | |
|--|-----------------------------------|---|--|--|
| Mass gathering restrictions | | usiness closure arch 19, 2020 | Educational facilities closed | |
| Non-essential services closed March 19, 2020 | | t home order arch 19, 2020 | Travel severely limited | |
| | Death | s per day 🛈 | | |
| 4 days since projected peak in daily deaths | | | 96 COVID-19 deaths projected on April 16, 2020 | |
| since projected peak in | daily deadls | | projected on April 16, 2020 | |
| After May 18, 2020, relaxing s | Containin ocial distancing may | ient strategy ① | ainment strategies that include testing | |
| After May 18, 2020, relaxing so | Containin ocial distancing may | ient strategy ① be possible with cont | ainment strategies that include testing | |
| After May 18, 2020, relaxing s | Containin ocial distancing may | ent strategy ① be possible with cont on, and limiting gathe | ainment strategies that include testing ring size. | |
| After May 18, 2020, relaxing s | Containin ocial distancing may | ent strategy ① be possible with cont on, and limiting gathe | ainment strategies that include testing ring size. | |

Sample references about SIR models

- N. M. Ferguson et al. Impact of non-pharmaceutical interventions (NPIs) to reduce COVID19 mortality and healthcare demand. Technical report, Imperial College, March 2020. doi:10.25561/77482
- Jose Lourenco, Robert Paton, Mahan Ghafari, Moritz Kraemer, Craig Thompson, Peter Simmonds, Paul Klenerman, and Sunetra Gupta. Fundamental principles of epidemic spread highlight the immediate need for large-scale serological surveys to assess the stage of the SARS-CoV-2 epidemic. *medRxiv*, 2020. doi:10.1101/2020.03.24.20042291
- A. J. Kucharski et al. Early dynamics of transmission and control of COVID-19: a mathematical modelling study. The Lancet Infectious Diseases, 2020. doi:10.1016/S1473-3099(20)30144-4

Sample references about statistical models

- IHME COVID-19 health service utilization forecasting team, C. Murray. Forecasting COVID-19 impact on hospital bed-days, ICU-days, ventilator-days and deaths by US state in the next 4 months. *medRxiv*, 2020. URL: https://covid19.healthdata.org/, doi:10.1101/2020.03.27.20043752
- G. Sotgiu, G. A. Gerli, S. Centanni, M. Miozzo, G. W. Canonica, J. B. Soriano, and C. Virchow. Advanced forecasting of SARS-CoV-2 related deaths in Italy, Germany, Spain, and New York State. *Allergy*. doi:10.1111/all.14327

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From IHME MedRxiv on March 30th, criticism of SIR model:

- "random mixing between all individuals in a given population"
- 2 given current estimates of \mathcal{R}_0 , SIR models "generally" over-predict
- I "results of these models are sensitive to starting assumptions"
- "SIR models with assumptions of random mixing can overestimate [...] by not taking into account behavioral change and government-mandated action"

Evaluation of Statistical models by UK scientists

From CNN article on April 9th:

- From IHME website as of April 9th, prediction of 66K deaths in the UK by early August. (As of April 20th, IHME predicts 37.5K deaths)
- Imperial College model predicts 20K-30K, if NPIs are imposed

Professor Sylvia Richardson, Cambridge University and co-chair of the Royal Statistical Society Task Force on Covid-19, says

- IHME's projections are based on "very strong assumptions about the way the epidemic will progress."
- I based mostly on using the experience in other countries to fit a smooth curve to the counts of deaths reported so far in the UK, rather than any modeling of the epidemic itself."
- Methods like this are well known for being extremely sensitive, and are likely to change dramatically as new information comes in"

Summary

- 260 years old mathematical journey. Results have been stellar.
- simplest SIR model explains emerging phenomena salient features: R(t), growth/decay, and explains NPIs
- more realistic, but still extremely data-dependent, models:
 - stochastic structured/multi-group SIR models
 - e statistical models based on data fitting

| name | description | scope |
|--------------------|---------------------------------|---------------------------------------|
| simplest SIR | low complexity ex- planation | crucial basic understanding |
| Stochastic SIR | mechanistic expla- nation | assessment of existing and novel NPIs |
| Statistical models | direct data fitting | prediction |

• from data to parameters and state - next webinars in series

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Non-pharmaceutical interventions

Recall

$$egin{aligned} \mathcal{R}(t) &= \left(eta_{\mathsf{m}} imes eta_{\mathsf{t}}
ight) imes 1/\gamma imes s(t) \ &pprox \left((\mathsf{contacts/day}) imes (\mathsf{transmission})
ight) imes (\mathsf{infective days}) imes s(t) \end{aligned}$$

Non-pharmaceutical interventions aimed at decreasing $\mathcal{R}(t)$:

| NPI | effect |
|--|---|
| washing hands and wearing masks | decrease infection transmission eta_{t} |
| social distancing and travel restric- tions | decrease contact rates $\beta_{\rm m}$ |
| testing leading to quarantine | decreases infective duration $1/\gamma$ |
| contact tracing leading to quarantine | decreases infective duration $1/\gamma$ |

Concluding Question: how can we safely reopen UCSB?

- What if we were to perform extensive testing, contact tracing and other measures for those students willing to consent?
- What models and what data would we need?
- What would a comprehensive approach entail? campus infrastructure = health center, classroom, dining digital infrastructure = mobile app, backend ...

